

# Hurley Medical Center Dietetic Internship Evaluation

Type of Experience: Diabetes during Pregnancy/High Risk Pregnancy Clinic

Preceptors: Amy Patterson, RD, CDE; Devora Lattimore, RD; Gabriela De Vita, RD

Cindy Noll, RN, CDE; Lisa Marshall, RN, CDE; Mary Pilarski, RN CDE

Supervised Practice: 2 week/ Practice Hours: 80

**Rating: E= Exceptional A= Above Average S= Satisfactory NI= Needs Improvement**

Goals/ Competency Criteria	Evaluation Criteria	Rating
1. Daily Practice	<input type="checkbox"/> Prioritizes day: outpatient appointment schedule, new referrals, inpatients, follow ups, OB clinic, High Risk OB clinic, MFM Clinic, Diabetes Co-Management clinic; BG log review <input type="checkbox"/> Follow antepartum diet orders/HealthTouch/issues with appropriate diet/snack orders. <input type="checkbox"/> EPIC charting/process	<b>A</b>
<i>Comments:</i>	Emily was able to observe and participate in all the OB-diabetes clinics. She was always ready for the next task and adapted to the flow and speed of each day	
2. Nutrition Care Process (Assessment, Diagnosis, Intervention, Monitoring and Evaluation)	<input type="checkbox"/> Discuss the process of Diabetes Self Management Education (DSME) <input type="checkbox"/> Assessment: Reviews med hx/interview/assess patient's food/nutrition history/weight status/medication/biochemical/labs. <input type="checkbox"/> Intervention: Estimate nutrient needs for various pregnant patients based on pre-gravid BMI, weight status. <input type="checkbox"/> Intervention: Observe/participate in meal plan education / (medical nutrition therapy) with scheduled patients. Design meal plan for GDM <input type="checkbox"/> Monitoring/Evaluation: Follow-up Ed: Assess meal plan comprehension/wt changes, ketones/glucose levels and other nutrition related concerns <input type="checkbox"/> Discuss medications for GDM/pre-existing diabetes pts <input type="checkbox"/> Discuss/observe/assess: PCOS, multiple gestation, gastric bypass/ pregnancy/ inadequate/excessive wt gain, hyperemesis gravidarum/and other high risk pregnancy/nutrition related concerns.	<b>A</b>
<i>Comments:</i>	Emily was able to observe, participated and then conduct (with guidance when needed) nutrition assessments, 24-hour recalls, GDM class and follow up, pre-existing diabetes in pregnancy education, and postpartum education. Her interventions and participation were suitable for each situation. Emily's ability to teach and educate patients on the proper meal plan for diabetes in pregnancy may continue to improve as she finds her comfort level and has more exposure to teaching experiences.	
3. Medical Chart Documentation	<input type="checkbox"/> EPIC: Document education in patients' charts	<b>S</b>
<i>Comments:</i>	Emily's documentation was appropriate at all times. She was not shy to ask for assistance when needed. Her ADIME notes were good, but she has room for improvement at this time.	
4. Professional Practice	<input type="checkbox"/> Read prior to rotation: Take Pre-test; Read: <i>Pathophysiology of Gestational Diabetes; Maternal and Fetal Complications Associated with Gestational Diabetes; Chart: How does pregnancy affect my need for insulin?</i> <input type="checkbox"/> Additional reading materials provided during rotation	<b>E</b>
<i>Comments:</i>	Due to limited time available prior to the start of her rotation, Emily was not able to read the material ahead of time. However, she completed the reading throughout the rotation, and even took extra time to read additional materials	
5. Quality Improvement	<input type="checkbox"/> Updates/Revises/Develops patient education handout. <b>**As time allows**</b>	<b>A</b>
<i>Comments:</i>	Emily developed a Vitamin D handout for our patient population. She did a great job with her first draft, and was open to the team's input to further improve the handout.	

6. Professional Behavior	<input type="checkbox"/> Completes reading assignments, projects/handouts on time <input type="checkbox"/> Flexible/adaptable/reports at scheduled time <input type="checkbox"/> Professional image: appears neat, clean, and dressed appropriately <input type="checkbox"/> Cooperative: accepts criticism and works to improve <input type="checkbox"/> Counseling techniques: Develops rapport/utilizes patient-centered counseling style to assist in behavior change/goal setting <input type="checkbox"/> Coordination of care: Consults/refers/coordinates nutrition care with other health care providers who can assist in treating/managing nutrition-related problems	E
Comments:	Emily was very proactive, helpful, and easily adapted to the flow of our team. Her professionalism was noticeable at all times. She took on projects with confidence yet was open to guidance and constructive criticism, and demonstrated interest by asking pertinent questions.	

Overall performance:      *Exceeds Expectations*      *Above Average*      *Satisfactory*      *Needs Improvement*

**Comments:** Room for improvement on specific areas were discussed with Emily. Overall, she was a wonderful intern, very proactive and willing to take on new projects, ask questions or for assistance when needed. There is no doubt she will continue to grow throughout this internship and become a successful Registered Dietitian.

Preceptor Signature: *[Signature]*      Intern Signature: *Emily Gideon*      Date: 3/2/17  
*Gabriela DeVera RD*