

## Hurley Medical Center Dietetic Internship

Type of Experience: Hurley Diabetes Center

Preceptor: Catharine Fischer, MPH, RD, CDE

Phone: 262-2310 Fax: 235-2974

Supervised Practice: 2 weeks

**Rating: E = Exceptional, A = Above Average, S = Satisfactory, NI = Needs Improvement, N/A = Not Applicable**

| Goals/Competency Criteria  | Evaluation Criteria   | Rating     |
|--|---|------------|
| 1. Understand diabetes self-management patient education process.                            | <ul style="list-style-type: none"> <li>Observe all classes taught at Hurley Diabetes Center (HDC)*</li> </ul>   | <i>A</i>   |
| 2. Demonstrate ability to perform nutrition assessment and create individualized meal plans. | <ul style="list-style-type: none"> <li>Assess patients who attend Getting Started class</li> <li>Develop consistent carbohydrate meal plan for at least 5 patients</li> </ul>   | <i>E</i>   |
|  | <ul style="list-style-type: none"> <li>Conduct individual assessment and meal plan for at least one patient</li> <li>Demonstrate ability to provide individual nutrition counseling/counsel clients with special needs</li> </ul>   | <i>E</i>   |
| 3. Understand the importance of good communication throughout the health care team.          | <ul style="list-style-type: none"> <li>Assist with education documentation for classes as appropriate</li> </ul>  | <i>S</i>   |
|  | <ul style="list-style-type: none"> <li>Complete education documentation/write chart notes as needed for individual nutrition counseling</li> </ul>  | <i>E</i>   |
| 4. Engage in a program of self-development and continuing education.                         | <ul style="list-style-type: none"> <li>Develop meal plan for self based on own nutrition assessment</li> </ul>  | <i>E</i>   |
|  | <ul style="list-style-type: none"> <li>Review current ADA Clinical Practice Recommendations and other reading as assigned</li> </ul>  | <i>A</i>   |
|  | <ul style="list-style-type: none"> <li>Read Nutrition Therapy chapter from Art and Science of Diabetes Self-Management Education (AADE)</li> </ul>  | <i>S</i>   |
|  | <ul style="list-style-type: none"> <li>Review patient education materials used at HDC</li> </ul>  | <i>S</i>   |
| 5. Participate in community activities.  | <ul style="list-style-type: none"> <li>Attend diabetes support group at HDC if applicable</li> </ul>  | <i>N/A</i> |
| 6. Professional behavior expectations.   | <ul style="list-style-type: none"> <li>Completes assignments on time</li> <li>Flexible/adaptable and reports as scheduled time</li> <li>Professional image – appears neat, clean and dressed appropriately</li> <li>Cooperative – accepts criticism and works to improve</li> <li>Verbal language – maintains smooth and pleasant voice, emphasizes the positive, and uses tact</li> <li>Active listening – listens attentively, shows concern, doesn't interrupt, maintains eye contact</li> <li>Effective body language—maintains appropriate posture, facial expressions, gestures and proximity to other person; is alert and responds to nonverbal cues of the other person</li> </ul> | <i>A</i>   |
|  |   | <i>E</i>   |

**The intern's overall performance:**

**Exceeds Expectations**  **Above Average**  **Satisfactory**  **Needs Improvement**

Comments: Emily is a pleasant and cooperative intern. She asks outstanding questions of patients - likely due to her work experience in long term care - despite not yet having had a dedicated clinical rotation. Patients respond well to her interest in them and subsequently open up to her as she continues to ask questions based on the info they share with her. She will bring these skills to her clinical rotations and will succeed professionally whether she chooses a clinical position or another environment in which she establishes a longer-term relationship.

Preceptor: Catharine W. Fischer RDN Intern: Emily Gideon Date: 3/31/17

\*Date(s) class observed:

Getting Started: 3/21, 3/31

Individual Assess: 3/28, 3/29

Eating and Exercise: 3/28, 3/29

In Charge: 3/21

Meds/BGM: 3/23

Eat to Live: 3/24